Local people like you make a difference.

@ Wycombe Hospital

by helping over 1,000 patients who have benefited from the first 3D heart scanner in the UK which was delivered earlier this year. These amazing images mean clinicians are working at the forefront of medical care.

@ Stoke Mandeville Hospital

by providing some of the equipment for our Cancer Fighting Fund project to detect bowel cancer. The Scopeguide uses 3D imaging to precisely locate any potential tumours in the bowel.

@ Amersham Hospital

by providing the first items of equipment for an IT suite to rehabilitate patients recovering from a stroke. By using specialist software, hundreds of different speech therapy exercises can be tailored to an individual patient.

The power of 25

If 10 people give £25 …..

£250 would buy specialist occupational therapy resources for the neurorehabilitation unit at Amersham.

If 100 people give £25 …..

£2,500 would buy a portable ECG machine for specialist community nurses.

If 1,000 people give £25 ….

£25,000 would buy a bowel insufflator to make endoscopic procedures for possible tumours more comfortable for patients at Stoke Mandeville.

If 10,000 people give £25 …..

£250,000 would buy a digital breast screening machine to diagnose early breast cancer at Wycombe.

There are over 500,000 residents in the Buckinghamshire area served by our local hospitals and community nursing teams.

£25 from you will help local patients

Thank you!
Many of Scannappeal’s Trustees have been busy helping raise funds to mark the 25th anniversary. This has included our Chairman, William Baxter, together with Ivan Dunleavy and Mark Glyons, who took part in the gruelling Chiltern 100 cycle ride, and then

William Baxter, Chairman, with Sue Dickinson, Head Gardener at Wycombe Hospital.

During the visit to Chequers, the Prime Minister met a number of volunteers. He said ‘I am delighted to support this remarkable local charity, which has made such a fantastic contribution to fighting cancer in Buckinghamshire over the past 25 years. Every 10 minutes someone in the local area is diagnosed or treated with equipment funded by Scannappeal and the many volunteers deserve recognition and thanks for all their hard work. I am delighted that in Volunteers’ week, the Chequers garden could play its part.’

The bad weather this summer didn’t deter over 2,000 people from visiting the 25 gardens and groups of gardens that opened for our Silver Jubilee year. From neighbourhood gardens to village groups and gardens at larger properties, around £20,000 was raised.

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Jazzing It Up

An astonishing £22,000 was raised in four hours by Aylesbury based jazercise instructor Barbara Pedrosa. 150 people took part in the jazzthon event at Thame Football Club. Barbara said ‘The atmosphere on the day was FUN FUN FUN all the way and a huge effort was made by all with the dressing up.

Everyone had a great time raising money for Scannappeal’s Cancer Fighting Fund at Stoke Mandeville Hospital as it is such a local charity for most of us.’

Groups of women around Buckinghamshire supported Scannappeal’s digital breast screening appeal in the autumn by organising different events. The first was at Chartridge Park Golf Club where the ladies section included a best dressed golf cart competition as part of their fundraising.

From pink themed coffee mornings in Coleshill, Bledlow Ridge, Wooburn Green and Little Chalfont to afternoon tea in Beaconsfield; from pink Zumba in Flackwell Heath to Rosemary Conley pink themed classes organised by Rachel Burton and Adele Howlett around south Bucks; a treasure hunt in Chartridge to CAWC’s bunco evening; a pink themed raffle with the Up Front Breast Cancer Support Group to the Wycombe Rock Choir and finishing with a pink muffin day at John Lewis – thank you to everyone who took part.

In Your Home

Part of Scannappeal’s work is to purchase equipment for use in your home or at local surgeries. A recent acquisition was portable ECG machines. Helena Masters, Community Heart Failure Nurse Specialist, said: ‘Since obtaining the machines we have been able to treat heart failure patients with rhythm disturbances more effectively and efficiently at home. We can perform an ECG and send it to the hospital for a Cardiologist to view which is quicker than a patient waiting for an appointment to receive an ECG at their surgery.’

This is one example of our smaller projects which range from £1,000 - £25,000, and are mainly funded from legacy income. If you would like to find out how you can provide good health for future generations who live in the area by leaving a gift in your will, please request our legacy information pack. You can choose where you want your gift to be spent – it can go to a specific clinical area or hospital.

We would like to thank all the garden owners and gardeners who helped us celebrate our special year: The Rt Hon David Cameron MP & Mrs Cameron, Lord and Lady Rothschild, The Viscountess Hambleden, Mr & Mrs A Ford, Mr & Mrs L Hubbard, Mr & Mrs R Day, Mrs S Bennett, Mrs S Mortimer, Mrs C Harper, Mrs M Jones, Mrs H Gibbons, Mrs S Spary, Mr & Mrs J Lamb, Mr & Mrs J Jarroll, Mr & Mrs R Drage, Mr & Mrs C Howell, Mr & Mrs M Jolly, Mr P Aldington, Mrs M Saunders, Mr & Mrs R Swaney, Mr & Mrs S Robb, Ms A Mitchell & Mr N Wheals, Mr & Mrs L Terry, Mr & Mrs T Bergqvist, Mrs P Brooks, Mr & Mrs M Kirkpatrick, Mrs P Vere, Ms S Dickinson and Mrs B Johnson.

If you would like to receive the Open Gardens leaflet for 2013, available from February, please contact us.

Special occasion coming up?

If you have a special birthday, anniversary or other celebration coming up, why not consider asking for donations in lieu of presents and make it really special by helping local patients?

25 women in 25 places

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A selection of events is featured below. To see the full listing, including stall and collection dates, visit www.scannappeal.org.uk/events

**Ladies Evening with Fashion Show by M&S**
Tuesday 20 November 2012, 1830hrs - 2200hrs
Vere Suite, Adams Park, High Wycombe HP12 4HU
Join us for an evening of fun and fashion with M&S. Beauty therapies and treatments plus styling advice from House of Colour representatives. A great selection of stalls selling affordable giftware, clothing and accessories.

**Tickets:** £10 each or two for £15 (includes welcome drink).
Supported by: M&S, House of Colour, Sysmex, The Paperchain Partnership

**Christmas Concert**
Tuesday 4 December 2012, Doors open 1930hrs, concert starts 2000hrs
St Mary’s Church, Church Street, Old Amersham HP7 0DB
Our annual Christmas concert with festive readings, carols and music from the High Wycombe Music Centre Concert Band, Amersham A Cappella, Seer Green CE Combined School choir and other talented local performers.

**Tickets:** £12 (includes glass of mulled wine and mince pies).
Supported by: Binks estate agent

**Friends of Stoke Mandeville Christmas Concert**
Thursday 6 December 2012, Doors open 1830hrs, concert starts 1900hrs
St Mary’s Church, St Mary’s Square, Aylesbury HP20 2JJ
Join the Friends of Stoke Mandeville Hospital for their annual Christmas concert. Festive readings, favourite Christmas carols and music from the orchestra and choirs of The Mandeville, Cottesloe and Overstone schools.

**Tickets:** £10 (includes glass of mulled wine and mince pies).
Supported by: Harman's

**Start 2013 by joining in the Scannappeal Sponsored Slim**
Monday 14 January 2013 for eight weeks
Weigh In: 1700hrs-1800hrs Wycombe Hospital, 1830hrs-1930hrs High Wycombe Cricket Club
Lose lbs to raise £££s for Scannappeal. Weekly dietary and fitness tips from zest4life, optional weigh in and weigh out sessions - all information is kept confidential. Raise the most sponsorship and win top prizes.
Contact Scannappeal on 01494 734161 for a registration pack.

**Dinner: More Than Just a Minute!**
Friday 1 February 2013, 1900hrs for 1930hrs
Latimer Place, Latimer, nr Chesham HP5 1UG
Join us for dinner with actor and broadcaster Nicholas Parsons who will talk for more than ‘Just a Minute’, about the popular Radio 4 series and more. Without hesitation or repetition, this will be a highly entertaining evening.

**Tickets:** £35 or four for £125 (includes silver service dinner) in advance only.

**Film Screening & Talk**
**The Best Exotic Marigold Hotel**
Thursday 7 February 2013, 2000hrs - 2300hrs
National Film & Television School, Beaconsfield HP9 1LG
Private screening of ‘The Best Exotic Marigold Hotel’ with an all-star British cast, including Judi Dench, Bill Nighy and Maggie Smith. Includes a short talk about the making of the film. Cash bar, soft drinks and tea also available.

**Tickets:** £15 or two for £25 (incl. Asian snack).

**A Little Night Music**
Saturday 9 February 2013, Doors open 1900hrs concert 1930hrs
Amersham Free Church, Woodside Road, Amersham HP6 6AJ
Beat the winter blues by joining us for an uplifting musical evening! Listen to a selection of much loved songs from the award winning Wycombe Orpheus Male Voice Choir.

**Tickets:** £12 (incl. welcome drink).

**Quiz Night**
Friday 8 March 2013, 2000hrs
Hazlemere Golf Club, Penn Road, Hazlemere HP15 7LR
Exercise your little grey cells at our annual quiz night. Tables of eight, smaller groups will be seated together to make a team. Bar available.

**Tickets:** £15 or a table of eight for £110 (incl. fish & chip supper).

**Latimer Series: Winston Churchill’s Toyshop**
From Bombs to Boobytraps - how Bucks helped win the War!
Friday 15 March 2013, 1900hrs for 1930hrs - 2030hrs
Latimer Place, Latimer, Nr Chesham HP5 1UG
An informative and entertaining talk by local historian Gordon Rogers FRAS. The ‘toys’ were weapons of war designed, tested and produced in a quiet country house in Bucks during World War Two.

**Tickets:** £15 each (includes welcome drink). Guests can also book supper direct with Latimer Place by telephoning 01494 555500 and quoting Scannappeal Talk for a discounted 2 or 3 course meal.
Supported by: De Vere Venues and The Paperchain Partnership

**Ladies Lunch: Tales of a TV make up artist…’ with This Morning’s Ariane Poole.**
Wednesday 24 April, 1200hrs – 1430hrs
Hall Barn, Windsor End, Beaconsfield HP9 2SG
Our annual ladies lunch in the elegant surroundings of the Long Parlour. Listen to Ariane, a top international make up artist who has worked with celebrities, models, popstars and even royalty. Ariane will also choose one lucky lady who will be given a fabulous beauty makeover during the lunch!

**Tickets:** £30 each or four for £100 (includes two course lunch and welcome drink).

**Film Screenings & Talks**
**Behind the Scenes at Buckingham Palace**
National Film and TV School, Beaconsfield HP9 1LG
A little known vignette of the royal family’s residence. Discover the history of the palace and its relationship with the royal family.

Supported by: De Vere Venues and The Paperchain Partnership

**Look out for our Spring talks at Latimer including Exploring Midsomer and**
**Behind the Scenes at Buckingham Palace**

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**Organise a fundraising activity**
If your workplace, community group or local place of worship would like to organise a fundraising activity in aid of Scannappeal, we can provide advice, ideas and materials to help make it a success. Visit the Help Us section on our website at www.scannappeal.org.uk where you can use fundraisers friend to create your own posters using the templates provided and, if needed, to set up a Just Giving Page. Please do give us a call on 01494 734161 to discuss your plans or email info.scannappeal@buckshealthcare.nhs.uk

**Save postage – send an online Christmas card**
You can save paper and postage by e-mailing your seasonal greetings! Just choose one design from our range and add this to your shopping cart on our website at www.scannappeal.org.uk/ecards. You will then receive a link to a private password protected page of our website, where you will be able to add your name and message, and then forward on to your contacts. The cost of our online Christmas package is £50, to send to as many email addresses as you would like.

To see our printed range of cards, please request a Christmas card leaflet.
**Bucks Breast Cancer Appeal**

To create a totally digital breast screening service and radically improve diagnosis.

Digital equipment produces exceptionally sharp images quickly, using a lower radiation dose. Our £500,000 Appeal is to purchase digital breast screening equipment for the mobile units which tour sites throughout the local community and at Wycombe Hospital. Each year 23,000 local women aged 47-73 will benefit from improved diagnosis and Buckinghamshire will be one of the few counties to offer a complete state-of-the-art digital breast screening service.

**Cancer Fighting Fund**

To provide advanced equipment for the diagnosis and treatment of different types of cancer.

We have already been able to provide equipment to diagnose and treat prostate, skin, lung, bladder and breast cancer. Our aim is to fund various projects in the next year for different types of cancer, with a particular focus on diagnosing bowel cancer. This specialist endoscopic equipment allows doctors to precisely locate any potential tumours in the bowel using 3D imaging and also reduces patient discomfort and pain.

**Brain Injury Unit Appeal**

For specialist equipment to ensure the best possible recovery for patients with brain injuries.

Brain injuries can be as a result of accidents, stroke, cardiac arrest, meningitis or tumours. We have already provided a gait retrainer, speech synthesiser and Wii console with specialist games which assists rehabilitation through a variety of physical exercises and activities which encourage balance, weight bearing and strength training. Our next goal is to equip a dedicated computer suite with specifically adapted technology for patients to access occupational, speech and language therapy.

**Small Projects Programme**

We also raise funds for smaller projects. Typically from £1,000 - £25,000, recent projects have included providing specialist equipment for community nurses, cardiology, respiratory medicine, endoscopy and the pain management service. If you are interested in supporting a particular clinical area or hospital, please contact us for information on current small projects.

**Legacy information pack**

You could help provide good health to future generations who live in the area by leaving a gift in your will to Scannappeal. You can choose where you want your money to be spent - it can go to a specific hospital or clinical area that is important to you. Our Trustees, who work independently of the NHS, will ensure it is spent entirely on advanced medical equipment and in accordance with your wishes.

You can request a legacy information pack using the response form or email: info.scannappeal@buckshealthcare.nhs.uk

**Take Part In the Tree of Life**

Become part of the Tree of Life which recognises those supporters who have made special donations or who have organised exceptional fundraising activities and ‘gone the extra mile’ for our Appeals. The names of all supporters who donate from £250 will be displayed in the relevant section (trunk, leaf or fruit) on the Tree of Life wall at our hospitals so that patients and the general public will know about your support.
I wish to make a single gift

☐ £10  ☐ £25 (for our 25th anniversary)
☐ £50  ☐ £100  ☐ Other £ __________

I enclose:
☐ Cheque payable to ‘Scannappeal’
☐ __________
☐ Click here to donate by credit or debit card via

JustGiving™

Telephone: __________
Email: ________________________________
(in case of queries)

Gift Aid declaration

☐ I confirm I have paid or will pay an amount of Income Tax and / or Capital Gains Tax for each tax year that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year.

Please indicate where you would prefer your donation to be spent

☐ Wycombe Hospital - Cancer Fighting Fund
☐ Amersham Hospital - Brain Injury Unit Appeal
☐ Stoke Mandeville Hospital - Cancer Fighting Fund
☐ General charitable fund (for our Trustees to decide)

Acknowledgement

☐ Please tick box if an acknowledgement is required.

Request further information

☐ Scannappeal Events Leaflet (you can also book tickets online at www.scannappeal.org.uk/events)
☐ Open Gardens 2013 Leaflet
☐ Christmas Card Leaflet
☐ Legacy Information Pack (help us to continue our work for the future)
☐ Sponsored Slim 2013
☐ Jewellery recycling envelope

Help Save Mailing Costs

To save your money - make a secure donation online at www.scannappeal.org.uk/donate
To save our money - opt for our online newsletter. Your email address: ________________________________

Please return this whole letter (as your name and address details are on the reverse) in the Freepost envelope provided.

THANK YOU FOR YOUR SUPPORT